

ISSUE

09

JANUARY—MARCH 2012

OLDHAM'S VOICE
ON HEALTH &
SOCIAL CARE.

Oldham LINK

FREE

Oldham

LINK

**MAKE IT
HAPPEN!**

Local Involvement Network



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Welcome

Hello, happy new year and a very warm welcome to the January issue of the Oldham LINK Newsletter. The last few months have been very busy for the LINK and, with this newsletter, we hope to demonstrate the activities we have been involved in over this time. We would also like to update you on our upcoming events and activities for the next few months.



Annemari Poldkivi and Kate Clowes

Team Update

We have new members of staff, Annemari Poldkivi and Kate Clowes, who provide a shared administrative resource across Oldham and Rochdale LINKs. Kate joined the LINKs Host Team in January 2012 and Annemari started in October of last year. They have both been busy keeping things running smoothly.

"I am very pleased to be working here with both Oldham and Rochdale LINKs. Everyone here has been very welcoming and I am looking forward to getting involved in future projects". (Kate)

"I have enjoyed working for Oldham and Rochdale LINK a lot over the past months and hope to do so in the future. I am enthusiastic and would like to improve my knowledge about health and social care. People in both teams have been very friendly and helpful, it's been a pleasure". (Annemari)

We welcome them both and are so pleased to have them as part of our team.

HealthWatch Pathfinder

HealthWatch will replace LINKs in April 2013. Until then, Oldham LINK has been awarded HealthWatch Pathfinder status, to get a head start for Oldham in testing out how a Local HealthWatch would engage with new decision-making structures.

The most recent elements of its work have been to work with the Clinical Commissioning Group (CCG) on the development of its engagement strategy (see page 9) and with the Health & Wellbeing Board to consider an engagement practice that would be fit for purpose to prioritise the strategic health and wellbeing need of Oldham.

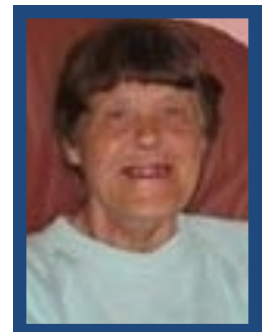
The Department of Health has recently contacted us, as a Pathfinder that it considers to be particularly far ahead in working with CCGs. The Department's Head of Stakeholder Strategy would like to come to Oldham to talk to us about this work, to help government consider where they can share good practice with other CCGs.

Updates from the Core Group

Oldham LINK regularly meets with its Core Group to keep up to date with the activity of its active members and to share information. Its purpose is simply to enable those LINK members that have represented the LINK at external events/meetings to be able to report back to the Host team and each other, so that we can make sure that we keep up to date with developments and communicate important issues to our members. The Core Group have as ever been working hard to do this and can provide updates on the following:

Asthma UK Achievements in the North West Hotspots

Many thanks to Olwen Fish who attended the above meeting to update on achievements and focus on reducing deaths by providing more training especially for teachers. There are over 5 million asthma sufferers in the UK, 25% of these are in the North West with Oldham being one of the three hotspots for emergency hospital admissions. We hope to be able to follow-up these issues with Oldham's Public Health Team.



*Core Group Member,
Olwen Fish*

Greater Manchester and Cheshire Cardiology and Stroke Network

Many thanks to Anna & Peter Sidebottom who attended the above meeting in November in Bolton. Anna & Peter explain that the issues raised are very relevant to the Healthy Futures review on local services for heart and stroke patients. Going to this event has ensured that we have the correct information about changes.



*Core Group Member,
Peter Bennett*

Dementia Large Scale Change Conference

Many thanks to Peter Bennett who attended the above event whereby he gained information on the use of anti-psychotic drugs; the National Audit of Memory Services; and what the NHS "quality outcomes" are for people with dementia. Peter explains: "the LINK needs to be aware of the work going on....as it may in the future impact on the work we are asked to do".

FOR A FULL COPY OF THESE REPORTS PLEASE VISIT OUR WEBSITE AT: <http://www.oldhamlink.org.uk/documents.asp>,

OR CONTACT LINKs Administrator, Kate Clowes, on 0161 622 5700.

Oldham LINK sets a good example for the Department of Health

The Oldham Health Commission into Fairness took place in April 2011. A reflective sample of the population - 12 people with no previous experience of the NHS except as patients were brought together to hear evidence from a number of expert witnesses to help them answer the following questions:

1. What would be the attributes of a 'fair' NHS in Oldham?
2. How should commissioners go about fairly allocating resources across competing clinical priorities?
3. What practical steps should commissioners take to ensure fairness in access and outcomes?



Members of Oldham Health Commission debated on "fairness"

The Commission was sponsored by the then Commissioning for Oldham Group ('COG'), made up of all the GPs in Oldham. COG was at the time working to become the commissioning organisation for the borough of Oldham and is now operating as Oldham Clinical Commissioning Group (CCG).

The Commission was a collaborative effort between Oldham LINK and NHS Oldham and culminated in a series of recommendations being made to the CCG on the basic principles of fairness and what they considered the attributes of 'fair' commissioning for the NHS in Oldham to be. Full details can be found at <http://oldhamhealthcommission.org.uk/>

NHS CCG case studies



Patient and public engagement A citizen's jury - Oldham Health Commission - determining fairness in NHS commissioning

Overview
NHS Oldham, the primary care trust (PCT) and the local LINK (Local Involvement Network) worked together to create and run Oldham Health Commission - a citizen's jury into fairness in NHS commissioning. The initiative was undertaken on behalf of Oldham NHS Clinical Commissioning Group.

From when the CCG was first established, Oldham GPs emphasised the importance of involving patients and the public in their work at all stages and levels, so they decided to seek the advice and support of the PCT's engagement team.

After much discussion, the CCG identified a need to create a set of fairness principles which could be developed over time, to ensure that GP commissioners are seen by patients and the public to be acting fairly. Using funding awarded to them by the Department of Health, the team decided that asking a citizen's jury to propose a set of recommendations would be a good way of engaging patients and the public, as well as demonstrating involvement.

Mark Drury, NHS Oldham, explains how they arrived at their topic: "In my role as Associate Director for Engagement, many of the conversations I have with patients are based around fairness. For example, why have they got a brand new health centre or why cannot be prescribed that medication?"

"So having discussed it with colleagues and the LINK, we agreed that we would ask a citizen's jury to consider how to prioritise health needs fairly and what fairness means in terms of clinical commissioning".

The process involved
To recruit the jury, NHS Oldham and the LINK approached community groups to ask for volunteers, as well as the local college to encourage young people to participate. They also spread the word using their personal contacts, asking them to circulate the information to their wider networks - to try and encourage a reflective sample of the population to apply.

Oldham LINK's feature in the Department of Health CCG Learning Network

The Department of Health has since featured this work as a good practice example for all Clinical Commissioning Groups to learn from: The Department's CCG Learning Network provides a range of case studies that detail early work with CCGs. You can view the full piece and other examples featured at <http://healthandcare.dh.gov.uk/tag/gp/>

We are all pleased that Oldham has been formally recognised as having strong engagement practices within the NHS and we look forward to continuing our work to this end. Once again, thanks also go to the jurors that made up the Health Commission who should be very proud of themselves, as are we!

Further Information

You can view the full piece and other examples featured at <http://healthandcare.dh.gov.uk/tag/gp/> You can also contact 0161 622 5700 to obtain a copy

Maternity Enter & View Visit

On the 11th October 2011 a joint Enter and View visit was carried out by Oldham & Rochdale LINK at the Royal Oldham Hospital Maternity Unit. This was to enable LINKs to fulfil their role to monitor and scrutinise services since in-patient maternity services have been redirected from Rochdale Infirmary to the Royal Oldham Hospital.

The results show that patients were very happy with the level of cleanliness on both the antenatal and postnatal wards. Whilst patients on the antenatal ward commented very favourably of the staff - with all of patients involved relaying that staff were co-operative, helpful and respectful—unfortunately the postnatal ward results were not so clear: Only 2 out of the 12 patients asked responded in a positive way about the conduct of staff.

Overall, from the feedback received by employees, there seemed to be some discrepancies between antenatal and postnatal staff morale since the changes took effect. The majority of antenatal staff reported that morale had initially fallen immediately after the reconfiguration, and then began to rise again. The postnatal ward however showed that the majority of staff felt morale had decreased significantly and many reported that staff shortages had contributed to the staff feeling stressed.



The Making it Better team (that brought about the changes to maternity services in order to enhance patient safety) were very pleased to see from the LINKs' findings that patients did not feel that their care had been compromised because there had been some changes to service arrangement. Pennine Acute NHS Hospitals Trust also favourably received the report of the visit and has provided a formal response to the recommendations made. LINK members will be reviewing this to determine if it satisfies any changes they suggested.

For further details

To view or download the full Enter & View report please visit our website <http://www.oldhamlink.org.uk/assets/documents/OldhamLINKV4WEVRoyalOldhamMaternityOct2011.pdf> Or alternatively If you require this report in another format, please contact us @ Oldham LINK Telephone: 0161 622 5700

The response from Pennine Acute can be found at <http://www.oldhamlink.org.uk/work-plan.asp>

Caring for our Future

Shared Ambitions for Care and Support

The “Caring for our Future – Shared Ambitions for Care and Support” engagement exercise is the Government’s next step in the reform of social care before the publication of the Care and Support White Paper. It aims to discuss the priorities for improving social care with people who use care and support services, carers, local councils, care providers and the voluntary sector.

In November 2011 Oldham LINK along with other representatives met with Chair of the scrutiny board at Oldham Council to discuss the “Caring for Our Future” consultation and to provide a response to government on behalf of Oldham.

The group considered the changes and welcomed the proposed change towards a “capped system” to enable fairness and equality in adult social care. For this care and support system to be successful and make significant improvements, the group submitted comments in the areas they felt improvements are needed. These were:

Quality

The quality of care and support should be at the heart of any reform the Government introduces for adult social care, which should be consistent. To enable this to happen, the level of bureaucracy would need to be reduced, particularly in respect of the council’s approved list of providers.

Personalisation

To help change the culture, attitudes and behaviour of the social care workforce, more up-to-date staff training would need to be considered.

Equally, managers should be expected to carry out more individual discussions with staff to encourage them to carry out life story work and key worker schemes.

Shaping local Care Services

A good health and social care programme where services are better integrated around people’s needs should be referred to as: “everyone is taken care of according to their need.”

Prevention

Good outcomes on prevention and early intervention can be achieved through various self help groups which in the long term save money. There should be measures in place to ensure triggers are identified at an early stage to encourage prevention.

Integration

A social care market could be defined as those which include different types of providers to enable early detection and prevention. This market could be shared with various organisations with the voluntary groups having more of a prominent role given the specialised services they deliver.

Adult Social Care is undergoing reform to the way that services are designed and delivered. It is vital that the social care system provides care equally for all, while enabling people to retain their independence, control and dignity.

For more information or to obtain a copy of the full response contact:
Oldham LINK Tel: 0161 6225700
Email: info@oldhamlink.org.uk

New toolkit launched to promote equality & fairness in the NHS

A new system has been introduced into the NHS to provide for the first time a standardised system for all NHS Trusts to measure and compare how 'equal' its practices are. The Equality Delivery System (EDS) provides a tool for hospitals, clinics and other key health services to use to assess and report on the individual needs of their patients and staff. It is intended that by using the EDS, NHS organisations will be able to:

- Eliminate unlawful discrimination, victimisation and harassment
- Advance equality of opportunity
- Foster good relations

We have started work with our hospital Trust, Pennine Acute NHS Hospitals Trust, to develop a way for the LINK to be involved in 'equality-measuring' the services provided from all of its hospital sites in Oldham, Rochdale, Bury and North Manchester. This work will also set the Trust's Equality Objectives for the next four years and LINK members are invited to take part.

The role of LINK members will be to assess the process by which equality information is reported and interpreted by systematically looking at each of the four "goals" within the EDS. These are:

1. Better health outcomes for all
2. Improved patient access and experience
3. Empowered, engaged and included staff
4. Inclusive leadership.

If you would like to be involved, you will need to be available for at least one evening on either 20th, 21st, or 22nd February between 6pm-8.30pm and be willing to travel to either North Manchester General Hospital (Crumpsall, Manchester), or Fairfield General Hospital (Bury). We can provide transport if needed or reimburse any travelling/car parking costs. The sessions will include a briefing of what the EDS is and how it works, followed by conversations and consideration of evidence about each of the goals.

This is a chance to be part of something new and influence how the hospital Trust will work towards its own equality standards at the Royal Oldham Hospital (and others) for the next few years. Ideally, we would like to form a standing group that will meet with the Trust every quarter to monitor progress against the EDS, and then annually to review it.

If you are interested in taking part and can commit to the time requirements, please contact LINKs Administrator, Kate Clowes on 0161 622 5700, or at info@oldhamlink.org.uk

"It has the potential to change the way that the NHS works for the better, helping to promote fairness, diversity and better patient care."

For more information and to download your copy of the EDS go to: <http://www.eastmidlands.nhs.uk/about-us/inclusion/eds/?locale=en>



“Your Health & You” Oldham Standing Conference

Oldham LINK held its Standing Conference events with the BME Community Development Team within Oldham Community Health Services (OCHS) to raise the awareness of mental health issues amongst people of South Asian origin and to gather information about the particular needs of these communities. This was a slightly different Oldham Standing Conference; this time being in partnership with Pennine Care NHS Foundation Trust, which now manages OCHS.



Trupti Patel, Chair of Oldham Indian Association, opens the event with Oldham LINK Manager, Ursula Hussain

The intention was to find out how mental health services can be adjusted to better support people and to ensure that people are aware of where and how to access services. Key findings included knowing where people would go to for help if they were experiencing emotional difficulties and determining that people had a better understanding of what services are available and knowing how to access them, from the information presented at the event.

The good relationships developed with mental health service commissioners through the Standing Conference will now be used to inform their approach to service development, so that the services can be tailored appropriately to different cultural sensitivities and needs.

An event at the Pakistani Community Centre in October last year and more recently at the Indian Association on 26th January have been the beginning of a series of events the LINK will be jointly facilitating over the next year to look at overall health and wellbeing within minority ethnic communities.

A follow up event is scheduled with the Bangladeshi community at The Millennium Centre on March 22nd.

Please contact LINKs Administrator, Kate Clowes, on 0161 622 5700, or at info@oldhamlink.org.uk if you are interested in attending.



Dr Aslam, Consultant Psychiatrist at the Royal Oldham Hospital, talks to delegates about spirituality and mental health.

It's your NHS Consultation

Oldham GPs/clinicians are to become the legal decision-makers for NHS services in Oldham. Oldham's Clinical Commissioning Group (CCG) is therefore working to become authorised by the Department of Health as an "Accountable Care Organisation".

A number of assurance processes have been centrally prescribed for CCGs. One strand of this is to demonstrate that the CCG has suitable plans for patient and public involvement in its decision-making that are capable of being fully inclusive and able to accommodate the diversity of the local population.

This project is being carried out due to government proposals to enhance "patient involvement and public accountability" within the NHS. These proposals are currently being considered by Parliament via its readings of the Health & Social Care Bill. It is expected that the Bill will receive Royal Assent later this year, making legislative provision for CCGs to assume their statutory position by April 2013.

Patient Involvement & Public Accountability Project

Oldham LINK has been working with NHS Oldham to develop the Patient Involvement & Public Accountability (PIPA) Programme for Oldham's CCG.

A series of principles for "good" engagement and have been developed during the pre-consultation phase of the



project, by a patient and public stakeholder group. They are as follows:

- Accessibility, equitability & supporting involvement
- Honesty, accountability and transparency
- Responsive engagement with clear outcomes

A suggested engagement model was also proposed, which would combine elements of the following traditional techniques:

- Online Involvement
- Patient Reference Groups
- Public Events
- GP Involvement

The PIPA Programme has conducted broad consultation on these, as well as additional targeted consultation with societal groups that have been historically underrepresented in NHS Oldham's engagement activity. They included:

- People with learning disabilities
- White working class communities
- Young Asian men
- Rural Communities

Oldham LINK assumed responsibility to design, deliver and co-ordinate a consultation with young Asian men. (See overleaf).

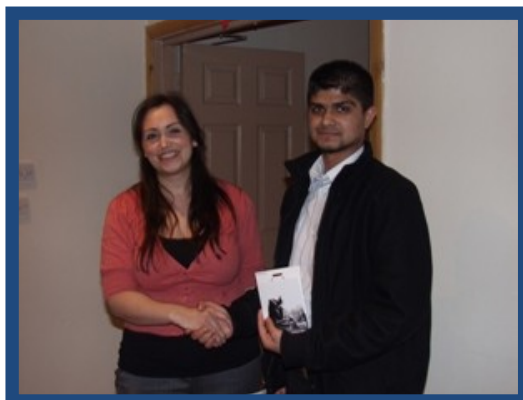
Engaging Young Asian Men in Clinical Commissioning

A one-off consultation session was organised at a local Indian restaurant (Cafe Lahore) in Oldham town centre during a week-day evening. The aim of this consultation was to gain an understanding of how to appropriately engage young Asian men in NHS decision-making, so as to enable the Clinical Commissioning Group (CCG) to appropriately respond. It was our intention to create a relaxed and informal atmosphere, which people told us was important for them.

40 people in total attended the event. These participants ranged from between 13 to approximately 35, and were from a range of South Asian backgrounds

Key Findings Included

- Online involvement using social media and text messaging was very popular, with almost 90% of people having access to the Internet in their own home.
- Public events were favoured due to the opportunity to have one to one conversations, although an environ-



Prizes being presented to top-scoring participant

For further details and to view or download the full "Engaging Young Asian Men with Oldham's Clinical Commissioning Group" report please visit our website

www.oldhamlink.org.uk

Alternatively please contact us at Oldham LINK Telephone: 0161 622 5700



Oldham LINK facilitators gathered young people's views

ment in which people were supported to give their views and have information explained was important.

- Two thirds of participants did not feel that GPs understand the younger generation and felt that they do not care enough. People were very suspicious of doctors and worried about confidentiality.
- 100% of delegates said they would come again to an event organised by Oldham LINK/ Clinical Commissioning Group

This work has received interest from the Department of Health, which wants to find out more to pass on our findings and learning to other CCG's across the country.

What next?

These findings, along with the results of the other elements of the consultation have been developed into a clear set of recommendations by the PIPA Steering Group. They will be presented to the Clinical Commissioning Group Board by Oldham LINK's Manager, Ursula Hussain and NHS Oldham's Director of Stakeholder Engagement, Mark Drury, for approval so that a Public Engagement Strategy and Operational Plan for 2013/14 can be developed. This will incorporate all the learning from this consultation and support GPs and other clinicians in their new commissioning role.

Leading charities launch new resources for family carers

From the 1st September 2011, family carers will be able to find out what should happen when an adult relative with a learning disability lacks the capacity to make a decision for themselves and how they should be involved, thanks to new resources launched by the Foundation for People with Learning Disabilities, Hft's Family Carer Support Service and the National Family Carer Network.

These new information sheets and DVD resources should also help health and social care workers in the learning disability field who are required to know why and how they should involve families when they need to make a decision on behalf of someone they support. They were funded by the Social Care Institute for Excellence as part of their programme for raising awareness and understanding of the Mental Capacity Act 2005.

The Mental Capacity Act provides important safeguards for people with learning disabilities who lack capacity, and the guidance accompanying the Act says that family carers have a vital role to play. Recent events, such as the abuse reported in the media at Winterbourne View, show what can happen when families are excluded from decisions about a relative's care. Greater knowledge amongst family carers about the Mental Capacity Act will make health and social care authorities more accountable for the way they treat people who lack capacity. Stephen Neary's father demonstrated this recently in the Court of Protection where he successfully challenged a decision made on Stephen's behalf by his local authority.

Alison Giraud-Saunders of the Foundation for People with Learning Disabilities comments:

"We know this is an important issue for families because of the number of en-

quiries that we have received. Families want to understand how they can use the Act for the benefit of their relatives with learning disabilities. They hear health and social care professionals using complicated jargon and this can be confusing and worrying. The law and the Code of Practice are very clear about the importance of involving family carers and this of course means that families need good information, presented in a way that is easy to use. Hearing directly from other families about their experiences in the DVD clips is a powerful addition to the briefing sheets and has proved popular with the families at the events we've held."

The resources include a set of information sheets and eight short films featuring family carers. The sheets are organised into sections designed to help family carers when approaching key decisions in their relative's life, such as moving home, having medical treatment or managing their finances. They also cover the smaller day-to-day decisions that family carers routinely take on behalf of relatives. Each section shows how families can use the Act to ensure that they are involved in such decisions and are backed up by the film clips of family carers talking about their experiences.

Robina Mallett, manager of Hft's Family Carer Support team said:

"Since the events word has spread that the information is accurate, helpful and user-friendly. We have had requests for packs from a great range of people, including carers' leads, community learning disability teams, trainers, carers' centres, advocacy & support organisations, transition workers and family carers themselves. A lawyer who saw the materials emailed to say it was excellent. Demand is going to be high!"

For Further Information :

www.hft.org.uk/Family_Carer_Support/MCA_Resource_Guide
further details from holly.osullivanjones@hft.org.uk Tel 0117 9061751.

Oldham Housing Investment Partnership



Do you rent a home from a housing association?

Do you live in or need an adapted property?

Would you be interested in giving your views about the adaptations service?

The **Oldham Housing Investment Partnership (OHIP)** includes 9 Housing Associations as partners – AKSA Housing ; Contour ; First Choice Homes Oldham ; Great Places ; Guinness Northern Counties ; Housing 21 ; Places for People ; Regenda ; and Villages.

OHIP is undertaking a review of the delivery of the service received by social tenants requiring an adaptation in their home or needing to move to a new adapted property.

Accessible Housing Co-ordinator, Richard Outram, has been appointed to lead this review for OHIP.

Richard is keen to source the views of any tenant who has had an adaptation in their home or who cares for someone who has. If you are such a tenant or carer Richard would be keen to hear from you.

Richard is also forming a Customer Focus Group with disabled tenants and carers who rent homes from each of the social landlords in Oldham, especially tenants who live in properties that have been adapted.

The Group would have the opportunity to help shape future services from the customer's viewpoint.

Further Information

To obtain a copy of the questionnaire or if you would like to join the Focus Group, please contact Richard by

Email at

richard.outram@fcho.co.uk or

Telephone on 0161 770 1904

Limbless Association



The Limbless Association is a charity which provides free and impartial information, advice and support to people of all ages, whether they are about to have an amputation or are already living with congenital or acquired limb loss.

The charity also provides support and information to carers, family members and friends. In addition to this, the charity operates a Volunteer Visitor Network which offers free, face to face visits at home or in hospital, from an experienced amputee who can share common experiences, based on their own personal experiences, and provide practical information and suggestions on the everyday issues a new or prospective amputee may face, as well as further help, support and advice. The Limbless Association website offers detailed information, useful contacts, further reading, healthcare suggestions and a discussion forum for members.

The Limbless Association also operates the Limb Loss Legal Panel, a panel of legal experts specialising in injury and limb loss, offering free initial legal advice to any member. The charity also has links to local User and Support Groups who meet regularly and provide a network for local amputees to meet and discuss any problems or issues they may be experiencing.

For more information please contact enquiries@limbless-association.org or visit the Limbless Association website: www.limbless-association.org

LIMBLESS ASSOCIATION

Providing support to amputees and the limb-loss community

Website:

www.limbless-association.org

Helpline: 0800 644 0185

Kidney & Bladder Cancer

Pennine Care 
NHS Foundation Trust

Awareness Sessions

Catching it early could save your life!

As part of the **Be Clear on Cancer** campaign, which aims to make people aware of the early symptoms of a range of cancers, Pennine Care are offering

kidney cancer awareness sessions to groups across Oldham.

The sessions are targeted at both men and women aged 50 and over.

The sessions will:

- Help older people understand the risks, signs and symptoms of bladder and kidney cancer.
- Tackle fear of cancer.
- Encourage people to approach health professionals earlier.
- Also cover information about symptoms of breast, bowel and lung cancer.
- Be delivered to groups of people, or individuals.
- The sessions can be offered in Bangla, Urdu, and English by our fully qualified Cancer Champions, (accredited by the Royal Society for Public Health).
- Sessions can take from 10- 40 minutes depending on time available.
- The sessions will be offered between 1 February- 30 May 2012.

Further information

If you would like more information
please contact :
Asia Khatun or Sue King
on 0161 621 7128.

Community Fund Holding: A Model for Local Choice and Control



Communities need to 'play a bigger role in supporting themselves and others' according to Think Local, Act Personal and the Coalition Government has a vision which 'does not simply look to the state for answers to the issues we face, but outwards to communities'.

So how can community engagement and contribution be achieved in an effective and sustainable way? How can local authority leaders create the conditions where a range of communities can make their own unique contribution to shared public goals?

Community Fund Holding is a new approach to put public money in the hands of a community so they can achieve an agreed set of outcomes.

Community Fund Holding is an approach which builds on learning from implementing personal budgets and self-directed support over the past ten years. It seeks to adopt the mechanisms of self-directed support on a community rather than individual or family level and looks at how decisions can be devolved to communities in ways that bring real choice and control, while still delivering strategic policy goals.

Personal budgets encourage innovative and flexible use of public money and allow state resources to be used in ways that complement rather than replace those of the individual and their family. Together these benefits help to transform the individual from passive recipient to active partner.

Community Fund Holding proposes something similar for communities and will enable local communities to make the best use of their assets the people, skills and knowledge that already exists within that community.

Through Community Fund Holding, communities will know;

- how much money is available
- what restrictions if any are to be imposed on how the money is used
- what must be achieved through the use of the money

And it will allow local authorities to;

- stimulate a community contribution towards shared public goals
- create a new alliance and collaborative partnership with communities
- stimulate innovation and creative community-owned action

This initial model has been designed in a partnership with a range of interested individuals and organisations connected to In Control. We will review how this might be implemented locally and keep you updated.

Further information

For more information see
[www.in-control.org.uk/
communityfundholding](http://www.in-control.org.uk/communityfundholding)
or contact
john.waters@in-control.org.uk

Oldham Library



Oldham
Council

Saturday 4 February 12pm–12.45pm

Lifestyle and breast cancer prevention

Free event

A presentation by Dr Michelle Harvie, research dietitian at the Genesis Breast Cancer Prevention Centre and author of the Genesis breast cancer prevention diet. It will focus on how lifestyle and diet can help to prevent breast cancer and reduce the chance of recurrence.

Free event, refreshments provided.

Call the information library on 0161 7708035 or email victoria.varley@oldham.gov.uk for more information or to book a place.

Oldham Library and Lifelong Learning Centre
Cultural Quarter, Greaves Street, Oldham OL1 1AL
Call 0161 770 8000 or visit

www.oldham.gov.uk/libraries for more details

The Macmillan Mobile Cancer Information and Support Service is coming to a site near you...



Date	Location	Time
13 th February 2012	In front of the Queen Victoria, Piccadilly Gardens Manchester	10am-4pm

No appointment is needed just pop in and see a member of the team, all information is free and completely confidential.

For further information please visit www.macmillan.org.uk or call our free support line on 0808 808 0000

Macmillan Cancer Support, registered charity number 261017, Isle of Man Charity number 604.

Contacts

Manager - Ursula Hussain

Outreach & Engagement Worker - Jade Czuba

Administrators—Kate Clowes & Annemari Poldkivi

If you require this newsletter in another format, would like us to include an article, or want to know more about the LINK please contact us using the details below:

Oldham LINK

17 Salmon Fields Business Village

Salmon Fields

Royton

Oldham OL2 6HT

FREEPOST: OMB LINK

Tel. 0161 622 5700

Fax. 0161 626 9069

Email: info@oldhamlink.org.uk

Website: www.oldhamlink.org.uk



Oldham LINK is supported by Gaddum Centre Host Organisation

6 Great Jackson Street, Manchester M15 4AX, Telephone 0161 834 6069, Fax 0161839 8573, e-mail: info@gaddumcentre.co.uk

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